Wisdom Centre

A Ministry of the
Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email:
reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Safeguarding: The Congregation of the Daughters of Wisdom is committed to promoting and implementing the safety and wellbeing of children and adults. We start from the principle that each child and each adult has a right to expect the highest level of care and protection, love, encouragement and respect.



Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk
www.wisdomhouseromsey.org.uk

Inner re-design:

A fun and transformative creative workshop



Saturday 17th January 2026

10am-4pm

Tea and Coffee available from 9.30am
Suggested Offering - £38 to include refreshments, lunch and afternoon tea







Wisdom CENTRE

Inner re-design

A fun, creative Workshop. Art with Heart to create a collage and/or painting evoking the feeling of a personal Sanctuary to facilitate the best version of how you want to be in your life. You will be supported to create a visual expression honouring what is most important to you, focusing on what you treasure most, inwardly and outwardly.
This workshop is intended for adults. No previous art experience necessary, it is suitable for all abilities. Inner re-design is about re-visioning your inner state and visually creating a new template to work with. There will be some preparatory work prior to the workshop and you will be asked to bring to the workshop items and images that you may want to include in your piece. You will be introduced to the emotional effects of colour, form, shape, texture and learn various techniques with applying paint and collage, to create a visual expression of the space you want to hold in your life and then to visually include into it what matters most to you, that you would like to give thanks for and give you an ongoing focus in your home for prayer and thanksgiving.

Today's programme will begin with arrivals from **9.30 for coffee** with a 10am start. Creative days need to be flexible, **lunch will be available from 12.30**, to be eaten in dining room or as you work. Tea and coffee will be available all day, with cake in the afternoon.

Facilitator: Lorna McNeill is a multi-media artist, teacher and iconographer, she has run courses on art and well-being within the NHS and higher education settings and has received Arts Council Awards. Lorna's artwork is immersive, sensory and experiential, inspiring positive personal transformation and improved well-being.

Wisdom Centre is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day.
The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time here.

Wisdom Centre is entirely non-profit making. **Our suggested offering of £38 includes materials, refreshments and lunch.***

*Please advise us of any **special dietary requirements** which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment where nuts and other common allergens are present.

*Note we require 7 days' notice of cancellation and refund (Covid-19 related cancellations are an exception)





Inner re-design

Name .....

Address .....

.....

.....

.....

Telephone .....

E-mail .....

I would like to attend Sat 17th January 2026 ☐

Lunch is vegetarian, X box for Gluten Free ☐ Dairy Free/Vegan ☐ Diabetic (low sugar) ☐ Other ☐

.....

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Please call to pay by credit/ debit card. BACs payment on request. Alternatively please enclose a cheque, payable to Congregation of the Daughters of Wisdom for £38 – Please leave an answerphone message if we are unable to answer.

Please return payment and form to :
Wisdom Centre, Romsey, Hampshire, SO51 8EL
Tel: 01794 830206
email: reception@wisdomhouseromsey.co.uk