Wisdom Centre

A Ministry of the
Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email:
reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Safeguarding: The Congregation of the Daughters of Wisdom is committed to promoting and implementing the safety and wellbeing of children and adults. We start from the principle that each child and each adult has a right to expect the highest level of care and protection, love, encouragement and respect.



Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

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Creative Cafe

Mindfulness through painting | weaving | making papercraft and upcycling



See inside leaflet for activities
Monthly on Fridays 1.30 - 3.30pm
Materials provided (Booking essential)
Suggested Donation £5.75



Wisdom CENTRE

Creative Cafe

Mindfulness through painting | weaving | collage papercraft and upcycling

This craft session aims to bring people in the community together in a calming environment. Mindful creativity invites those who have never tried art before, and accomplished artists alike to 'dab' about with various materials and silence their inner critic by detaching from the idea of a 'perfect outcome.' No artistic ability is required. Each month there will be an organised activity. We will also experiment with repurposed materials. This is not a formal 'art class,' although an artist and creative facilitator will be on hand. The small requested donation includes tea/ coffee and biscuits/ cake

Facilitator: Fiona Jenvey and others. Fiona worked as a commercial artist before becoming manager of Wisdom Centre.

Wisdom Centre is entirely non-profit making. **Suggested contribution of £5.75 (inc. materials & refreshments)**



All abilities are welcome. We are also dementia friendly and welcome adults with carers





Friday January 16th
Flower Arrangement



Friday 20th March
Collage



Friday May 15th
Mosaic tile



Friday 18th September
Decopatch photo frame



Friday 20th November
Christmas gift tags



Friday February 20th
Origami Garland



Friday 17th April
Artificial flower teacup decoration



Friday 19th June
Paper flower jar



Friday 16thOctober
Bead key chain



Friday 11th December
Book Christmas tree

Creative Cafe

Mindfulness through painting | weaving | collage papercraft and upcycling

Session dates.....

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Name .....

Address .....

.....

.....

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Telephone .....

E-mail .....

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

To book your place at an up and coming session contact us below (email only after 4.30pm).

Find us: From Romsey town square go under arch, we are 200m on the left.
Wisdom Centre, Romsey, Hampshire, SO51 8EL
Tel: 01794 830206
email: reception@wisdomhouseromsey.co.uk