Wisdom Centre

A Ministry of the Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Safeguarding: The Congregation of the Daughters of Wisdom is committed to promoting and implementing the safety and wellbeing of children and adults. We start from the principle that each child and each adult has a right to expect the highest level of care and protection, love, encouragement and respect.



Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk
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Creative Cafe

Mindfulness through painting | weaving | making papercraft and upcycling





Fri 23rd May (floral bag)
Fri 27th June (pressed flower cards)
1.30-3.30pm
Materials provided (Booking essential)
Suggested Donation £5.50







Wisdom CENTRE

Creative Cafe

Mindfulness through painting | weaving | collage papercraft and upcycling

This craft session aims to bring people in the community together in a calming environment. Mindful creativity invites those who have never tried art before, and accomplished artists alike to 'dab' about with various materials and silence their inner critic by detaching from the idea of a 'perfect outcome.' No artistic ability is required. Each month there will be an organised activity and the opportunity to do your own thing or bring your own project. We will also experiment with repurposed materials, particularly the reuse of packaging and fabric. This is not a formal 'art class,' although an artist and creative facilitator will be on hand. The small requested donation includes tea/ coffee and biscuits/ cake









Facilitator: Fiona Jenvey and others. Fiona worked as a commercial artist for 20 years before becoming manager of Wisdom Centre. Fiona has worked in a wide range of media.

Wisdom Centre is entirely non-profit making. **Our suggested offering of £5.50 includes materials and refreshments.**















Creative Cafe

Mindfulness through painting | weaving | making papercraft and upcycling (£5.50)

Session dates.....

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Name .....

Address .....

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.....

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Telephone .....

E-mail .....

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

To book your place at an up and coming session contact us below (email only after 4.30pm).

Find us: From Romsey town square go under arch, we are 200m on the left.
Wisdom Centre, Romsey, Hampshire, SO51 8EL
Tel: 01794 830206
email: reception@wisdomhouseromsey.co.uk