Daughters of Wisdom

Spiritual Accompaniment at Wisdom Centre

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

Safeguarding: The Congregation of the Daughters of Wisdom is committed to promoting and implementing the safety and wellbeing of children and adults. We start from the principle that each child and each adult has a right to expect the highest level of care and protection, love, encouragement and respect.

Wisdom Centre

Wisdom Centre is a ministry of the Daughters of Wisdom, an international Congregation of religious women. They offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity in a hectic and stressful world.



Wisdom Centre
Romsey
Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.co.uk

Spiritual Accompaniment at Wisdom Centre



Please call to make an appointment

Suggested Offering—£25







Wisdom CENTRE

Spiritual Accompaniment at Wisdom Centre

Spiritual Accompaniment, also known as Spiritual Direction, is a ministry we offer at Wisdom Centre.

Spiritual accompaniment is offered by one of our Sisters, Sr Marie, a Daughter of Wisdom and usually takes place in our prayer room at the Centre.

Arrangements are made through Wisdom Centre to ensure room availability. We have Ministers, Spiritual Directors and Counsellors working through the Centre. Our reception team respect your confidentiality.

Tel: 01794 830206
Email: reception@wisdomhouseromsey.co.uk

What is Spiritual Accompaniment?

At our deepest level, all of us long for a more conscious experience of God's presence and love. Spiritual accompaniment is help given by one Christian to another which enables that person to:

- Pay attention to God's personal communication to him/her.
- To respond to this personally communicating God
- To grow in personal intimacy with this God and
- To live out the consequences of this relationship.

From a spiritual searcher:

It is a one to one relationship which focuses on my experience of God in all its particularity, shared with the person accompanying me.

It is a faith sharing process where I relate what the Lord seems to be doing in my life with my guide who listens carefully to these experiences and at times offers some enlightenment and encouragement.

The primary concern is my spiritual growth in my relationship with the Lord; helping me to listen more attentively and accurately to what the Lord is trying to convey to me.
It is important that I don't regard this accompaniment only for times when I am 'down' but consider it as a regular event in my life.

From a spiritual guide:

My task is to help the directee pay attention to God as God reveals him/herself.
I have to help the directee recognise his/her reaction and decide on his/her responses to this God.

Sister Marie has recently retired from 46 years as a missionary. For the past twenty years she was involved in the ongoing formation of religious and seminarians. She is especially passionate about Wisdom spirituality.

Note: There are differences between Spiritual Accompaniment and Pastoral Counselling. In some cases, counselling and therapy within a Christian context may be more appropriate than Spiritual accompaniment. This is something a therapist at Wisdom Centre may be able to help with.

Spiritual Accompaniment at Wisdom Centre

Name .....

Address .....

.....

.....

.....

Telephone .....

E-mail .....

I am interested in Spiritual Accompaniment and would like Sr Marie to make contact with me.

This will usually be by email.

Please contact me by: Phone ☐ Email ☐

I am happy to receive a monthly events newsletter from Wisdom Centre.

Yes ☐ No ☐

I am able to make a contribution of £25
Cheques are payable to Congregation of the Daughters of Wisdom.
Offerings contribute to our ministry.

Yes ☐ No ☐

Occasionally, due to circumstances directees are unable to make a full contribution, please do not let this be a barrier to seeking a spiritual guide. Sessions are normally 45—60 minutes every 4-6 weeks. Together with Sr Marie you can agree on the time and frequency of meetings which feels right for you.