Elim Church Romsey

An Elim Pentecostal Church



This seven week course enables people to explore their thoughts and feelings about their loss and come to a place of acceptance so they can move on.

Living with life's losses can be traumatic, lonely and isolating and can lead to; **depression, anxiety, fear, helplessness, grief, despair** and **anger** which can be overwhelming.

The course is set in a safe and supportive environment with a group size between 8-12 participants and lead by professionals.

For more information please contact;

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Elim Church Romsey

Middlebridge Street, Romsey

Hampshire SO51 8HL

Seven week course starting: Wednesday 7th June from 19.30 - 21.30pm. Note, weeks 2-7 are on Tuesday evenings (Free, donations welcome)

Based on the Bible Society's 'Navigating Trauma and Healing' Course