# Wisdom Centre

A Ministry of the Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

## Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Wisdom Centre is Coved-Secure. We rigorously follow Covid-Safe cleaning procedures.

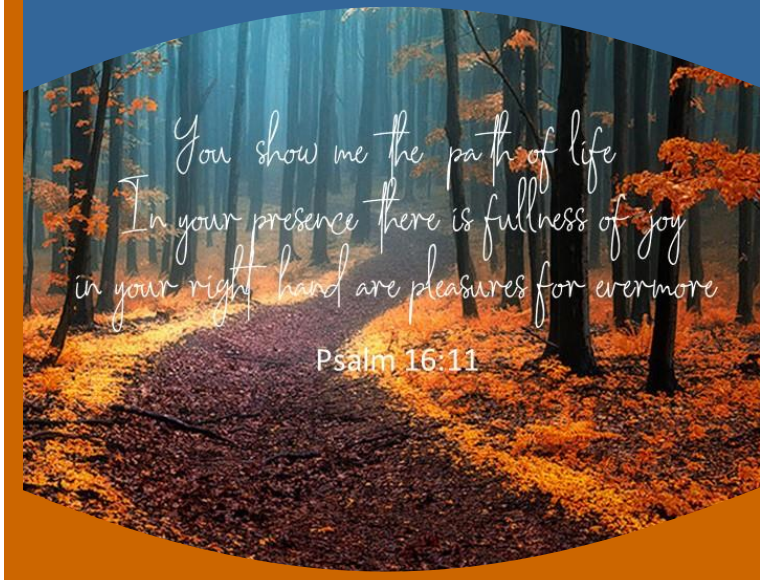


Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

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# A Day with the Psalms

## Joy, Poetry and Praise




## Saturday 8th October 2022

10am—4pm
Tea and Coffee available from 9.30am
Suggested Offering—£30 to include refreshments, lunch and afternoon tea





Wisdom CENTRE

# A Day with the Psalms

Joy, Poetry and Praise – Psalm 32 invites us to 'Praise the Lord with the harp; make music to him on the ten-stringed lyre. Although the Psalms are known for lament, they also express the joy of being released from suffering and give praise to God who guides us on the right path.

You may be familiar with the place of the Psalms in the Divine Office, a practice inherited from the monastic tradition. What you may be less familiar with is the beauty of the Psalms as expressive and emotional forms of poetry and praise.

This is a creative day for we who want to explore the book of the songs of David in a new way and experience for ourselves the power and relevance of these ancient texts for us today. We enter into the themes of the psalms through creative prayer, harp music, song and stillness.

Sue invites us to dive into the beauty of these timeless prayers and emerge renewed.

There will be opportunities for contemplation, creativity and conversation.

| **Programme:** (times may alter) | |
|---|---|
| **9.30-10.00** | Arrivals and coffee. |
| **10.00-10.45** | 1st Session |
| **11.15-11.30** | Coffee |
| **11.30-12.30** | 2nd Session |
| **12.30-1.30** | Lunch |
| **1.30-3.30** | 3rd Session |
| **3.30-4.00** | Tea and sharing the day's experiences |

**Facilitator:** Revd. Canon Sue Wallace facilitates church worship and creativity. A former "Canon responsible for worship"at Winchester Cathedral, Sue listened to and prayed the psalms on a daily basis. Sue is also a published author, her most recent work is the Rhythmic Psalter, here, all 150 psalms are set to strong poetic rhythms.

**Wisdom Centre** is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day. (Large umbrellas are available if the day is wet!)

The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time with us.

Wisdom Centre is entirely non-profit making. **Our suggested offering of £30 includes materials, refreshments and lunch.***

*Please advise us of any **special dietary requirements** which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment where nuts and other common allergens are present.

*Note we require 7 days notice of cancellation and refund (Covid-19 related cancellations are an exception)





# A Day with the Psalms

Name .....

Address .....

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Telephone .....

E-mail .....

**I would like to attend —Sat 8th October 2022**

Lunch is vegetarian, **X** box for Gluten Free☐
Dairy Free/Vegan ☐ Other ☐

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Our dining room is Covid safe with table service

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

Please call to pay by credit/ debit card. BACs payment on request. Alternatively please enclose a cheque, payable to Wisdom Centre for £30 – Please leave an answerphone message if we are unable to answer.

*Please return payment and form to :*
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