Wisdom Centre

A Ministry of the Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Wisdom Centre is Coved-Secure. All our seating areas are screened. We rigorously follow Covid-Safe cleaning procedures.







Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk
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Your Personal Myth in the World

Workshop Day



Saturday 29th January 2022

10am—4pm

Tea and Coffee available from 9.30am

Suggested Offering—£30 to include refreshments, lunch and afternoon tea







Wisdom CENTRE

Discover Your Personal Myth in the World

Workshop Day*

From discovering the instincts and drives in your personal myth we then turn to how the personal myth unfolds in the world and how we can adapt to it in healthy ways. We follow on from the instincts and drives of Freud to our social adaptation through the inferiority complex defined by Alfred Adler and his principles of social interaction. We also explore how our spiritual and religious perspectives make our lives more fulfilling and meaningful in traditions of cultural mythology.

Through activities such as drawing, painting, time-lining, journaling, reflective activities, sharing life experience, affirmations, prayer and meditation you will get to Know Thyself more deeply in your relationship with self, others, the world and the Presence of the Holy Mystery.

Programme: (times may alter)	
9.30-10.00	Arrivals and coffee.
10.00-11.15	1st Session
11.15-11.30	Coffee
11.30-12.30	2nd Session
12.30-1.30	Lunch
1.30-3.15	3rd Session
3.15-4.00	Tea and sharing the day's experiences

*This follows an earlier workshop but works without having attended the previous session.

Facilitator: Martin Handy provides online spiritual coaching as well as being a case study marker and tutor for Chrysalis Courses, a provider of hypnotherapy and counselling diplomas. He lives in West Tytherley. He paints, meditates, writes, and loves to walk and cycle in nature.

Wisdom Centre is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day. (Large umbrellas are available if the day is wet!)

The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time with us.

Wisdom Centre is entirely non-profit making. **Our suggested offering of £30 includes materials, refreshments and lunch.***

*Please advise us of any **special dietary requirements** which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment where nuts and other common allergens are present.

*Note we require 7 days notice of cancellation and refund (Covid-19 related cancellations are an exception)





Your Personal Myth in the World

Name .....

Address .....

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.....

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Telephone .....

E-mail .....

I would like to attend —Sat 29th January 2022

Lunch is vegetarian, **X** box for Gluten Free☐
Dairy Free/Vegan ☐ Other ☐

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Our dining room is Covid safe with table service

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

Please call to pay by credit/ debit card. BACs payment on request. Alternatively please enclose a cheque, payable to Wisdom Centre for £30 – Please leave an answerphone message if we are unable to answer.

Please return payment and form to :
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email: reception@wisdomhouseromsey.co.uk