Wisdom Centre

A Ministry of the Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Wisdom Centre is Coved-Secure. All our seating areas are screened. We rigorously follow Covid-Safe cleaning procedures.







Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk
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Discover Your Personal Myth

An Introductory Workshop Day



Saturday 14th August 2021

10am—4pm
Tea and Coffee available from 9.30am
Suggested Offering—£30 to include refreshments, lunch and afternoon tea







Wisdom CENTRE

Discover Your Personal Myth

Workshop Day

Your personal life story meanders down a stream of ups and downs. Past experiences can leave their mark emotionally and mentally often causing a deep obstacle to finding that peace in communion with The Presence within. A day of art, group exploration, prayer, affirmation and meditation will help you discover your own Personal Myth making sense of your meandering life lessons, traumas, significant relationships, achievements and plot the next steps in your spiritual and worldly journey.

Through activities such as drawing, painting, time-lining, journaling, reflective activities, sharing life experience, affirmations, prayer and meditation you will get to Know Thyself more deeply in your relationship with self, others, the world and the Presence of the Holy Mystery.

Programme: (times may alter)	
9.30-10.00	Arrivals and coffee.
10.00-11.15	1st Session
11.15-11.30	Coffee
11.30-12.30	2nd Session
12.30-1.30	Lunch
1.30-2.25	3rd Session
2.30-3.30	4th Session
3.30-4.00	Tea and sharing the day's experiences

Facilitator: Martin Handy provides online spiritual coaching as well as being a case study marker and tutor for Chrysalis Courses, a provider of hypnotherapy and counselling diplomas. He lives in West Tytherley. He paints, meditates, writes, and loves to walk and cycle in nature.

Wisdom Centre is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day. (Large umbrellas are available if the day is wet!)

The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time with us.

Wisdom Centre is entirely non-profit making. **Our suggested offering of £30 includes materials, refreshments and lunch.***

*Please advise us of any **special dietary requirements** which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment where nuts and other common allergens are present.

*Note we require 7 days notice of cancellation and refund (Covid-19 related cancellations are an exception)







Discover Your Personal Myth

Name .....

Address .....

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Telephone .....

E-mail .....

I would like to attend —Sat 14th August 2021

Lunch is vegetarian, **X** box for Gluten Free ☐
Dairy Free/Vegan ☐ Other ☐

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Our dining room is Covid safe with table service

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

Please call to pay by credit/ debit card. BACs payment on request. Alternatively please enclose a cheque, payable to Wisdom Centre for £30 – Please leave an answerphone message if we are unable to answer.

Please return payment and form to :
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email: reception@wisdomhouseromsey.co.uk