Wisdom Centre

A Ministry of the Daughters of Wisdom

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

For more information:

Tel: 01794 830206 or email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.org.uk

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity.

Wisdom Centre is Coved-Secure. All our seating areas are screened. We rigorously follow Covid-Safe cleaning procedures.







Wisdom Centre
Romsey, Hampshire
SO51 8EL
Tel: 01794 830206

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Twelve Step @Home

As a Contemplative Way of Life (Steps 4-6) - via Zoom



Saturday 23rd January 2021

10.15am—mid afternoon
In your own home, online via Zoom
Suggested Offering—£15 to include Booklet and materials (by post)







Wisdom CENTRE

Twelve Step @Home

As a Contemplative way of Life (Steps 4-6)

Do you support a person with addictive behaviour, or perhaps you struggle with addiction/ compulsion yourself? Contemplative writers in the Monastic tradition, Thomas Keating, Richard Rohr and Joan Chittister have written about the self compassion and discipline of life necessary for happy living. To attend this day there is no need to speak about your own experience. Twelve Steps, originally a spiritual programme for alcoholics which has been adapted for families affected by a whole range of addictions including narcotics, debtors, gamblers, gaming, overeaters and co-dependents, adult children of addicts, sex and love addicts and more.

The 12 Steps are simple steps to freedom from egoism, brokenness, acquisitiveness, materialism and control. The messages in the 12 steps can free us from dependence on people, places and things towards a dependence on God.

This day will focus on steps 4-6 and time will be given for prayer and meditation. There is space for creative expression, confidential conversations and exploring our labyrinth.

Programme:
10.15 Introductions and Step 4
11-45 Step 5
12.30-1.30 Lunch
1.30-2.15 Step 6
3.00-3.30 Sharing

Fiona Jenvey

Fiona has a lifetime of experience with addiction through family relationships and has studied the steps of the monastic tradition alongside the Steps of AA for her MA. Fiona is the manager of Wisdom Centre, is training for Ordained Ministry in the Church of England and enjoys her family, garden, meditation and art.

Wisdom Centre is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day. (Large umbrellas are available if the day is wet!)

The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time with us.

Wisdom Centre is entirely non-profit making. Our suggested offering of £15 includes all materials which we will post to you.

*Please advise us of any special dietary requirements which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment where nuts and other common allergens are present.

*Note we are unable to refund payments unless more than 7 days notice of cancellation is given. (Covid-19 related cancellations are an exception).





Twelve Step @ Home

As a Contemplative Way of Life

Name .....

Address .....

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Telephone .....

E-mail .....

I would like to 'attend '—Sat 23rd January 2021 - this event is via Zoom

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you ever been to Wisdom Centre?

Yes ☐ No ☐

We will send you an email with how to join the session once we have your completed form and payment.

I enclose a cheque, payable to Wisdom Centre for £15. We are also able to accept credit/ debit card and BACs payment on request.

Please return payment and form to :
Wisdom Centre, Romsey, Hampshire, SO51 8EL
Tel: 01794 830206
email: reception@wisdomhouseromsey.co.uk