Daughters of Wisdom

# The Wisdom of St Benedict

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

# Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity in a hectic and stressful world.




**Wisdom Centre**

Romsey
Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk
www.wisdomhouseromsey.org.uk


# The Wisdom of St Benedict

## 'Love of God'



## Saturday 18th July 2020

**10am—4pm**

Tea and Coffee available from 9.30am
Suggested Offering—£30 to include refreshments, lunch and afternoon tea.





Wisdom CENTRE

## The Wisdom of St Benedict

For Benedict travelling lightly through life requires 'perfect love of God.' But how? In his Rule, Saint Benedict promotes the idea that one's own happiness comes through making God and others the aim one's choices and actions. This Wisdom comes through the time-honoured practices of prayer, silence, study and work, which includes ones every day activities (constant conversion). The Rule's special genius is to teach that the road to perfect love and to eternal life begins in the everyday, at every moment and in every place. He treats the every day items as though they belong to God, which for us may mean, computers clothing and cars. He helps us discover that God is present in the church as well as the shop, office and traffic jam. Most importantly, he believes that, when he interacts with others, he is encountering Christ.

**Outline of Programme:**

**9.30-10.00** Arrivals and coffee

**10.00-11.00** St Benedict for today

**11.00-11.30** Coffee

**11.30-12.30** We can't be perfect—what is 'perfect love?'

**12.30-1.30** Lunch

**1.30-3.30** Developing a personal 'Rule of Life' and time for creativity

**3.30-4.00** End with tea and cakes

**Fiona Jenvey** is the spirituality programme leader at Wisdom Centre Fiona is attached to Romsey Abbey as an 'Ordinand' in Pioneer Ministry and has recently completed an MA in Christian Spirituality. Fiona is especially interested in Benedictine Spirituality, Mindfulness and Christian Contemplation and Meditation.

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**Wisdom Centre** is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day. (Large umbrellas are available if the day is wet!)

The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time with us.

Wisdom Centre is entirely non-profit making. Our suggested offering of £30 includes materials, refreshments and lunch.*

*Please advise us of any special dietary requirements which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment where nuts and other common allergens are present.

*Note we are unable to refund payments unless more than 7 days notice of cancellation is given.







## The Wisdom of St Benedict

Name .....

Address .....

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Telephone .....

E-mail .....

**I would like to attend —Sat 18th July 2020**

Lunch is provided and is vegetarian,. Do you require: Gluten Free ☐ Dairy Free ☐

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Please note our food is prepared in an environment which handles nuts and other common allergens.

Yes ☐I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

I enclose a cheque, payable to Wisdom Centre for £30

We are also able to accept credit/ debit card by phone and BACs payment on request

***Please return payment and form to :***

**Wisdom Centre, Romsey, Hampshire, SO51 8EL**
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**email: reception@wisdomhouseromsey.co.uk**