Daughters of Wisdom

— More St. Ignatius —

More Spiritual Journeying with St. Ignatius

We create space for people. . . space to meet, space to reflect, space to talk, space simply to be. At the heart of this is hospitality rooted in the tradition and spirit of the Daughters of Wisdom. Our flame logo gives expression to these roots: the warmth of hospitality, the light of the Spirit, the spiral path to Wisdom.

Wisdom Centre

Wisdom Centre is a Ministry of the Daughters of Wisdom, an international Congregation of Religious Women. We offer the Centre at Wisdom House to people of all faiths and none as a sanctuary of peace and tranquillity in a hectic and stressful world.



Wisdom Centre
Romsey
Hampshire
SO51 8EL
Tel: 01794 830206

email: reception@wisdomhouseromsey.co.uk

www.wisdomhouseromsey.co.uk

More St. Ignatius

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Saturday 11th May 2019

10am—4pm
Tea and Coffee available from 9.30am
Suggested Offering—£29 to include refreshments, lunch and afternoon tea.





Wisdom CENTRE

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The Quiet Day will be spent further exploring different aspects of Ignatian Spirituality. There will be three led sessions and the art room will be available.

Anyone can attend this day which is also a follow on session from an event facilitated by Cis last year. Ignatian Spirituality helps us towards finding God in all things, and to an active life in the world and the church. It gives us tools for discerning what God wishes for us.

There will be individual contemplative meditations available for use in the Centre facilities but also creative meditations in the Art Room and for the labyrinth.

Outline of Programme:

9.30-10.00 Arrivals and coffee

10.00-12.30 A spiritual journey with St Ignatius of Loyola. Exploring Ignatian Spirituality with Individual reflective time and time for coffee.

12.30-1.30 Lunch

1.30-3.30 Exploring the unique features of Ignatian Spirituality with individual reflection time and time for coffee

3.30-4.00 End the day together with tea and cakes

Cis Delmege

Cis Delmege is an experienced Ignatian Spiritual Director. Cis co-leads an Ignatian Spiritual Direction course and is a member of the Portsmouth Diocesan Spirituality team. Cis discovered Ignatian Spirituality many years ago and is constantly fed and surprised by this Spirituality.

Wisdom Centre is set in beautiful gardens, including a Labyrinth, which you will be able to enjoy during your day. (Large umbrellas are available if the day is wet!)

The emphasis at the Centre is on welcome and hospitality. The building itself is spacious, warm and comfortable with an airy Conference/ Meeting Room, Quiet Room, Sitting Room and a Creative Room. Each room offers something to help you relax and make the most of your time with us.

Wisdom Centre is entirely non-profit making. Our suggested offering of £30 includes materials, refreshments and lunch.*

*Please advise us of any special dietary requirements which we will do our best to accommodate. Those with severe allergies please be advised that our food is prepared in an environment were nuts and other common allergens are present.

*Note we are unable to refund payments unless more than 7 days notice of cancellation is given.





More St. Ignatius
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Name .....

Address .....

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Telephone .....

E-mail .....

I would like to attend More St. Ignatius

— Sat 11th May 2019

Lunch is provided and is vegetarian, do you require: Gluten Free ☐ Dairy Free ☐

Other .....

Please note our food is prepared in an environment which handles nuts and other common allergens.

Yes ☐ I am happy to be contacted by phone/ email about this and similar events at Wisdom Centre.

Have you been to Wisdom Centre before?

Yes ☐ No ☐

I enclose a cheque, payable to Wisdom Centre for £30

We are also able to accept credit/ debit card and BACs payment on request

Please return payment and form to :
Wisdom Centre, Romsey, Hampshire, SO51 8EL
Tel: 01794 830206
email: reception@wisdomhouseromsey.co.uk